

LIFE AND LEADERSHIP POTENTIALS TRAINING

EXPECT TO BE CHALLENGED AND TRANSFORMED!



This transformational program is designed to support participants in developing advanced coaching and leadership techniques and abilities based on the unique principles and skills that encompass iPEC's proprietary Core Energy Coaching™ process.

This special opportunity is offered by CESA 6 through the Institute for Professional Excellence in Coaching (iPEC),



Get ready for an intense, *and exciting* three-day training (10 hours per day).

When: February 9, 10, 11, 2016
Where: CESA 6 Conference Center, Oshkosh

Expect to be challenged and transformed!

Registration is limited to 50 participants.

iPEC's program not only teaches transformational coaching and leadership skills that can be used for yourself and others, but will also significantly advance your personal and professional growth.



2935 Universal Court
Oshkosh, WI 54904

For additional information, please contact:

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MORE ABOUT LIFE AND LEADERSHIP POTENTIALS TRAINING

Learning Objectives:

1. Participants will learn a new framework for significantly improved interpersonal, communication, self-leadership, and leadership skills based on a Coach Centric Leadership™ foundation.
2. Through experiential and immersion learning, participants will apply new understanding and skills to their specific professional and personal situations to significantly increase integration of new abilities and ensure that the newly acquired knowledge will be able to be applied “first thing Monday morning” when “real life” resumes.

Life and Leadership Potentials Training (*three consecutive, 10-hour training days*) gives participants the opportunity to experience the power of the Core Energy Coaching™ process first hand, and provides practical knowledge about how to utilize its potential in many aspects of educational life. iPEC's program not only teaches transformational coaching and leadership skills that can be used with oneself and others, but also significantly advances personal and professional growth.

At Life and Leadership Potentials Training, participants will learn powerful tools and coaching skills to empower and engage others. The curriculum is designed to help participants create new belief systems, which will support them in creating choices and possibilities that will bring about powerfully different results.

Core Skills/Topics

Coaching and leadership skills in the following areas:

- › Listening and Communicating More Effectively
- › Motivating, Inspiring, and Influencing Others for Optimal Performance
- › Managing Challenges/Feedback with Tact and Insight
- › Focusing on the Connection Between Individual and External Visions
- › Creating Autonomy, Accountability, and Interdependence
- › Development as a Positive Change Agent
- › Increasing One's Own and Others' Engagement, Satisfaction, and Performance Levels
- › Implementation of Clear, Simple, and Highly Effective Goal Achievement and Planning Process
- › Creating an Energetic Buy-In

Training Cost

\$1,500 per person

Optional

iPEC offers a self assessment and debrief with a professional coach! The Energy Leadership Index (ELI) is not included in this opportunity, but is available for \$280 per person. The book *Energy Leadership: Transforming Your Workplace and Your Life from the Core* is also available for \$25. Participants in this training will have the opportunity to purchase the ELI and book prior to training.



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